THE TRANSFORMATIONS PROGRAM
INTAKE APPLICATION

Thank you for taking this important step towards your future and the life God has planned for you. We are honored to have the opportunity to partner with you. Established in 1952, Phoenix Rescue Mission (PRM) provides Christ-centered life-transforming solutions to persons facing hunger and homelessness. Our programs and services are designed to help our clients experience victory over their life-controlling problems and move into healthy functional relationships with God, self, and others.

THE TRANSFORMATIONS PROGRAM

“Transformations” is a Christ-centered 12 – 18 month intensive residential discipleship program for persons seeking recovery from chemical dependency and other life-controlling problems. The program is provided for women and mothers with children at our Changing Lives Center (CLC) campus, for men at our Community Services Center (CSC) campus. “Transformations” provides a full continuum of programming for clients with leadership training opportunities for qualified graduates. The focus is on applied Christianity for the healing of the total person, recovery from life-controlling problems, and preparation for successful living. Clients receive a unique blend of Christian discipleship, chapel services, class work, recovery meetings, work therapy, recreational therapy, vocational development, and counseling in individual, group, and family settings.

The Transformations program is composed of three distinct phases. Each phase has a minimum time commitment and specific goals for successful completion. Clients will progress through the program phases based on their need and motivation. As clients successfully complete each phase, they will apply for acceptance into the next phase. Clients must successfully complete a minimum 12 months of program participation and complete all three phases in order to be eligible for graduation and entry into the Alumni Association.

PHASE ONE – FOUNDATIONS PROGRAM

Foundations is a minimum two-month program where clients will detach from outside distractions, become acclimated to the day-to-day activities of the program, and receive an initial work therapy assignment. Clients will begin classes and groups in order to gain understanding, obtain the basic skills needed, and develop the necessary commitment for Christ-centered recovery. Clients will receive an academic and vocational assessment and begin to participate in Learning Center activities. Clients will be reviewed at the end of Foundations to determine whether they may progress to Intensive Residential Discipleship (IRD). Clients not progressing will be given a certificate of completion for Foundations and referred to a more suitable program.

PHASE TWO - INTENSIVE RESIDENTIAL DISCIPLESHIP PROGRAM

Intensive Residential Discipleship (IRD) is a minimum five-month program composed of three distinct levels, each having a specific focus, established goals, responsibilities, and requirements for successful completion. Each level builds upon the practical application of skills learned in the previous levels. The levels are Inner Healing, Discipleship, and Job Attainment. Clients are assigned to a Counselor who coordinates the client’s counseling services and provides oversight to monitor their progress through the program. Each client is placed on a vocational development track under a supervisor to get hands-on experience in one or more areas.

Inner Healing clients will continue with classes, groups, and counseling. They will identify and process destructive thinking patterns and emotional wounds that have contributed to their life-controlling problems. Clients will also begin to focus on making peace with others by developing a plan for making amends and restitution. Inner Healing clients are eligible to receive family recovery services for approved family members including Sunday visitation, classes, groups and counseling.

Discipleship clients will continue to work through internal issues, examine their gifts and talents to better understand God’s calling and purpose for their lives, and begin the process of restoring significant relationships. They will discover their new identity in Christ and practice the skills needed to maintain lifelong recovery. Clients will demonstrate their recovery through continued amends, mentoring other program clients, and attending outside support groups. During this level, clients will decide whether to apply for Servant Leadership Training, New Start, or Intensive Re-Entry.
**Job Attainment** classes are designed to provide clients with the knowledge, skills, and tools needed for success in job search and their chosen program. Clients will focus on personal marketing skills and job search. Clients will continue to attend outside church and support groups, and will develop a healthy support system.

**PHASE THREE - SERVANT LEADERSHIP TRAINING, NEW START, OR INTENSIVE RE-ENTRY**

**Servant Leadership Training (SLT)** is a five-month client internship designed to provide opportunity for further recovery and to develop Christian leadership skills by assuming important leadership roles within the program community. Clients will attend leadership training classes, assist staff in designated areas of responsibility, and report day-to-day program issues. SLT clients may choose to apply for the Ministry Training Program. SLT clients will complete an Aftercare Contract that must be mutually-agreed upon before being approved for graduation.

**New Start** clients continue in residency for a minimum of three months, maintain employment, build their support system, and prepare for re-entry to society. Clients will attend New Start classes, outside support groups and church, and are expected to serve as role models in the program. New Start clients will complete an Aftercare Contract that must be mutually agreed upon before being approved for graduation.

**Intensive Re-Entry (IRE)**. In rare cases and by staff initiative only, the client may be placed on this intensive non-residential track for the remainder of his/her program commitment. Clients will complete a thorough Re-Entry Plan which must include continued counseling, support group and church participation, and regular progress discussions with key members of the client’s support system. IRE clients will complete an Aftercare Contract that must be mutually agreed upon before being approved for graduation.

**AFTERCARE**

Aftercare is a six-month program of continued support for clients when they leave residency. Clients will execute their Aftercare Contract, maintain contact with the Aftercare Coordinator, complete monthly progress reports, and participate in the Alumni Association.

**ADDITIONAL PROGRAM OPPORTUNITIES FOR GRADUATES**

**Ministry Training:** Clients who successfully complete Servant Leadership Training may apply for Ministry Training (MT). MT is a minimum one-year program for those desiring to be vocationally involved in Christ-centered recovery ministry. MT clients will be either employees or committed volunteers. They receive on-the-job experience under senior staff members, assume important leadership roles within the program community, and are expected to further their education through college, vocational training, and/or addiction counselor certification.

**THE ADMISSION PROCESS**

**Steps to take:** Candidates for admission are responsible for:
- Thoroughly completing this application and then mailing/faxing it to the Intake Coordinator.
- Applications may be completed by appointment or on site Monday through Thursday from 8:00 a.m. to 5:00 p.m.
- Contacting the Intake Coordinator with questions regarding the intake status.
- Resolving any issues which may interrupt the commitment to a long-term residential program.
- Signing and dating this application in the space provided on the back of the application.
- Arranging a time to meet with the Intake Coordinator for a face-to-face interview.

**Requirements for Admission:** Candidates for admission must:
- Be age 18 or older, requesting admission themselves, and committed to change.
- Not be a fugitive from justice or have any prior or pending charges for crimes involving violence, arson, sex, children, or the elderly.
- Agree to abide by all guidelines, fully participate in all aspects of the Christian Program, and refrain from any activity staff deems contrary to recovery or Christian growth. Violation of the guidelines may result in disciplinary measures and possible dismissal.
- Be fully detoxified and 72 hours away from their last use of drugs or alcohol of any kind; being able to pass a required drug panel.
- Be willing and able to commit to an uninterrupted one-year residential program and complete all phases.
- Be medically and physically able to perform work assignments such as landscaping, housekeeping, kitchen, childcare, laundry, and clerical.
- Agree to take a TB test, as well as any other tests for communicable diseases, as needed. Candidates must also agree to a mental health evaluation, if necessary.
- If on medication, candidates will need to have a thirty-day supply and make proper arrangements for purchase and acquisition of their own medication throughout the program.
- Have a sponsor willing to provide transportation to and from medical and court dates.

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• Be mentally stable and capable of functioning in a therapeutic community environment with classroom and group activities. The program is not equipped to care for those with severe mental illnesses, but will work with, and refer to, other appropriate outside agencies for assistance in such matters.
• Be willing to refrain from the pursuit of romantic relationships other than with a legally-married spouse while in the program.
• Have all appropriate personal identification and documentation, including: Social Security Cards and Birth Certificates.
• Pay a program fee of $100.00 a week if receiving income of any type.

What Clients May Have: Clients are only allowed to have items staff deems conducive to recovery and to Christian growth. They are not allowed to have more than $20.00 in their possession at any time and should make arrangements for off premise safe storage of cash and valuables before arrival. Clients may arrange for supporters to send money periodically for amounts not to exceed $20.00 for miscellaneous items, snacks, etc. Staff may monitor spending or other stewardship concerns when deemed appropriate. Clients are not allowed to have phones, paging devices, computers, radios, MP3 players, or non-approved medications.

What to Expect: At the Phoenix Rescue Mission, you can expect to find a safe environment conducive to your personal growth. In order to accomplish this, we’ve developed these basic guidelines:

For Male Applicants only:

• Male clients are allowed to have but may not exceed the following: 8 pair of pants, 15 shirts, 4 pair of shoes, 3 coats/jackets, 2 sweaters, 8 underpants, 8 pair of socks, 1 alarm clock, Bible, pens, pencils, paper, notebooks, and personal hygiene items that do not contain alcohol, laundry detergent, and miscellaneous personal effects. Candidates should bring as many of these items as possible but not exceed limits. Excess items will not be stored.

For Female Applicants only:

• Children who accompany their mothers must be no older than age 12. Children must not have physical and/or emotional needs beyond the scope of expertise or services available at PRM.
• Have all appropriate personal identification and documentation, including: Social Security Cards, School Immunization Records and Transfer papers, Birth Certificates, and documentation of custody transfers, and Order of Protection, if domestic violence issues warrant.
• There is no use or possession of tobacco or nicotine products allowed by program residents.
• No phone calls and visitors are permitted until the client completes Foundations. After completing Foundations, visitors must be approved by the client’s Counselor before they are allowed to visit.
• Clients may look for work when they reach Re-Entry Prep (generally 6-7 months into the program).
• Female clients are allowed to have, but may not exceed, the following: 1 month’s supply of laundry detergent, 2 towels, 2 wash clothes, 1 pillow per person, 17 shirts, 5 tank tops (undershirts), 17 pair of pants, 4 dresses, 2 outfits for workout (t-shirts and sweats/shorts), 5 shorts, 3 skirts, 10 pair of underwear, 10 pairs of socks, 4 bras, 1 modest bathing suit, 1 pair of work shoes, 5 pair of shoes, 2 nightwear outfits, 1 robe, 1 jacket, 1 sweater, 1 journal, 2 books, limited jewelry and limited make up. Candidates should bring their own hygiene products (shampoo, conditioner, soap, lotion, razors, toothpaste, toothbrush, tampons and hair brush), all hygiene items must be brand new, do not bring items that contain alcohol or bottled items that are opened and/or used. Postage stamps and envelopes for mail will not be supplied by Phoenix Rescue Mission. Candidates should bring as many of these items as possible but not exceed limits. Excess items will not be stored.
• Each child may have up to: 17 shirts, 17 pants, 4 dress outfits (dresses or slacks), 1 pair tennis shoes, 5 pairs of casual shoes, 10 pairs of socks/tights, 10 pairs of underwear, 5 undershirts, 5 shorts, 2 nightwear outfits, 1 jacket, 1 robe, 1 sweater and 1 bathing suit.

We believe that the deepest need of anyone is a relationship with Christ, and we celebrate your step of courageous faith. Please print your name and sign below once you have read and understand this application.

Print Name __________________________________________________
Signature ___________________________________________ Date ________________
PHOENIX RESCUE MISSION
Program Intake Form

Application Date __/__/____

Last Name ____________________ First Name ____________________ MI ________ Nickname ____________________

Social Security #________-____-______ DOB: __/__/______ Gender: Male  Female  Other ________

Current Address___________________________________________ ____________________________________________________________

Street ___________________________ (____) ______________________

City ____________________ State ________ Zip Code ________ Phone # ________

Emergency Contact Name: ____________________ Emergency Contact Phone #(____) ______________________

GENERAL

Reason Seeking Admission

Are You Currently Homeless?

☐ Yes

☐ No

Referral Source

Primary Language

Veteran

Veteran Discharge Status

☐ Yes

☐ No

Citizenship Status

☐ Citizen

☐ Legal Resident

☐ Undocumented

☐ Refused

☐ Unknown

Marital Status

☐ Single

☐ Married

☐ Divorced

☐ Widowed

☐ Married but Separated

☐ Unmarried - In a Serious Relationship

INCOME

Income Source

Other Income Source

Monthly Income ________ Hourly Income ________

Non-Cash Benefits

☐ Supplemental Nutrition Assist Program (Food Stamps)

☐ Special Supplemental Nutrition Program for WIC

☐ TANF Child Care Services

☐ TANF Transportation Services

☐ Other TANF-Funded Services

☐ Section 8, Public Housing

☐ Temporary Rental Assistance

☐ Vocational Rehab Assistance

☐ WIA Job Training Grant

☐ Other Source
EDUCATION

Education Level

- No Schooling Completed
- Nursery School to 4th Grade
- 5th or 6th Grade
- 7th or 8th Grade
- 9th Grade
- 10th Grade
- 11th Grade
- 12th Grade, No Diploma
- High School Diploma
- GED
- Post-Secondary School, no degree
- Associates Degree
- Bachelors
- Masters
- Doctorate

Able to Read and Write

- Yes
- No
- Other

List of Colleges or Vocational Schools Attended and Degrees Obtained

SUBSTANCE ABUSE

Drug(s) of Choice

- Alcohol
- Cannabinoid/Marijuana
- Hallucinogens (LSD, PCP/Angel Dust, MDMA/Ecstasy/Molly, Psilocybin/Shrooms, Peyote)
- Inhalants (Spray Paints, Markers, Glues, Cleaning Fluids, etc.)
- Opioids (Heroin, Prescription Pain Meds like: Oxycodeone, Vicodin/Hydrocodone, Morphine, Codeine)
- Stimulants (Cocaine, Crack, ADHD Meds, Amphetamines, Methamphetamines)
- Tobacco
- Other or unknown substances (Cough Meds, K2, Spice, Bath Salts, Nitrous Oxide, etc.)

Other Drug(s) of Choice

Date of Last Use

# of Treatment Facilities Attended

- 1
- 2
- 3
- 4
- 5

# of Treatment Facilities Completed

- 1
- 2
- 3
- 4
- 5
- >5

Graduated PRM Program Before?

- Yes
- No

Name of Previous Program or Treatment Facility

SMOKE CIGARETTES?

- Yes
- No

# of Cigarettes Per Day

Willing to Quit Cigarettes?

- Yes
- No

Process to Quit Smoking Cigarettes

Note: Female applicants must be nicotine-free for admission to program

MENTAL HEALTH

Mental Health Diagnosis

Hospitalized For Mental Health Before?

- Yes
- No

Mental Health Medications Prescribed?

- Yes
- No

What Mental Health Medications?

Attempted Suicide Before?

- Yes
- No

Approximate Date of Last Suicide Attempt

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HEALTH

*RESIDENTS ARE FINANCIALLY RESPONSIBLE FOR ALL MEDICAL AND DENTAL NEEDS WHILE IN THE PROGRAM!* 

<table>
<thead>
<tr>
<th>Health Insurance</th>
<th>Health Insurance Name</th>
<th>Health Insurance Group #</th>
<th>Health Insurance ID #</th>
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<tbody>
<tr>
<td>☐ Yes</td>
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<td>☐ No</td>
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Currently Under Physician’s Care

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Primary Care Physician?

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Primary Care Physician Name and Contact Info

Health Problems

☐ Back Injury
☐ Diabetes
☐ Hearing Problems
☐ Heart Disease
☐ Hepatitis
☐ High Blood Pressure
☐ Problems Standing or Lifting
☐ Problems Walking
☐ Respiratory Problems
☐ Seizures
☐ Sexually Transmitted Disease
☐ Tuberculosis
☐ Vision Problems
☐ Other, please specify

Other Health Problems

Food and Medication Allergies

Pregnant

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# Months Pregnant

Date of Last Physical

Last HIV Test Date

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<tr>
<th>Negative</th>
<th>Positive</th>
<th>Client Doesn’t Know</th>
<th>Client Refused</th>
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Last HIV Test Results

Last Tuberculosis Test Date

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<tr>
<th>Negative</th>
<th>Positive</th>
<th>Client Doesn’t Know</th>
<th>Client Refused</th>
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Last Tuberculosis Test Results

Health Medications

Prescribing Physician’s Name and Contact Info

Health Notes

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Been Tested for HIV?

Medical and Dental Financial Provider Name and Contact Info
LEGAL

Have you ever been convicted of a violent crime? Yes / No  Arson? Yes / No  Are you a sex offender? Yes / No

Have you ever been convicted of a crime involving children or the elderly? Yes / No

Criminal Convictions

Explain Criminal History

Documents in Client’s Possession

- Current State/Fed picture ID
- Expired State/Fed picture ID card
- Social Security Card
- DD 214 (Veterans)
- Birth Certificate

Driver License Status

- Revoked
- Suspended
- Valid
- Never applied
- Unable to drive

# of Times Arrested Before

Sentence Requirements

Probation Type

- Standard
- Intensive
- Unsupervised
- Pending

Parole Type

- Emergency
- Regular
- Community Supervision

Probation/Parole Officer Name and Contact Info

Mandated to Program

Yes / No

Upcoming Court Dates

Pending Charges

City of Pending Charges

CHILD SUPPORT

Child Support

- Please Select -

Ordered to Receive - Current
Ordered to Receive - Arrears
Ordered to Pay - Current
Ordered to Pay - Arrears

Child Support Monthly Amount

Amount of Child Support in Arrears

CHILDREN (Female applicants only):

<table>
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<tr>
<th>Name of Child</th>
<th>Age/Birth Date</th>
<th>Relation</th>
<th>Will he/she live with you here? DCS involvement information. Who has custody of the child?</th>
<th>Father’s name and involvement with child?</th>
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Do any of your children have any physical, emotional, or behavioral problems? _____ If yes, explain:

__________________________________________________________________________________________________

__________________________________________________________________________________________________

Please read and sign below:

The Phoenix Rescue Mission is not a medical or psychiatric facility. Therefore, prospective clients and their children must be medically, as well as psychiatrically, cleared prior to admission. Requested medical information is vitally important and is required before a decision can be made as to the appropriateness of our facility for prospective clients. If mental health evaluation/documentation is requested, that also must be received before a final decision can be made on placement in PRM Program Services. If, after admission, it is noted that the client is inappropriate due to medical or psychiatric reasons about which we were uninformed prior, Phoenix Rescue Mission reserves the right to refer the client to another facility or back to the referring agency.

Signature _________________________________ Date ___/___/______